

## Hathā Yoga Pradīpikā || 4-63 ||

ओं सुषुम्नायै कुण्डलिन्यै  
सुधायै चन्द्रजन्मने ।  
मनोमन्यै नमस्तुभ्यं  
महाशक्त्यै चिदात्मने ॥

Om suṣumnāyai kuṇḍalinyai  
sudhāyai candrajanmane  
manomanyai namastubhyaṁ  
mahāśaktyai cidātmane  
Om

Salutations to the suṣumnā, to the kuṇḍalini,  
and to the nectar originating from the moon.  
Salutations to you, the Unmani mind, to the great śakti,  
to pure Being as content-less awareness.