

## Invocations

ओं वन्दे गुरुणां चरणारविन्दे  
सन्दर्शित स्वात्म सुउखाव बोधे।  
निःश्रेयसे जाङ्गलिकायमाने  
संसार हालाहल मोह शान्त्यै।।

om vande gurūṇāṃ caraṇāravinde  
sandarśita svātma sukhāva bodhe  
niḥśreyase jāṅgalikāyamāne  
saṁsāra hālāhala moha śāntyai.

I bow to the two lotus feet of the gurus, which awaken insight  
into the happiness of pure being, the complete absorption into joy.  
The jungle physician, eliminating the delusion  
caused by the poison of conditioned existence.

आबाहु पुरुषाकारं  
शङ्ख चक्रासि धारिणं  
सहस्र शिरसं श्वेतं  
प्रणमामि पतन्जलिम् ।।  
ओं

ābāhu pururuṣākāraṁ  
śaṅkha cakrāsi dhāriṇam  
sahasra śirasaṁ śvetaṁ  
praṇamāmi patañjaliṁ  
om

I bow before Patañjali, who has thousands of radiant white heads,  
and who has, as far as his arms, assumed a human form,  
and holding a conch shell,  
a wheel and a sword.